



Finding out information

Sourcing up-to-date information about:

- Meaningful things to do
- Welfare entitlements such as disability benefits
- Sources of support

What did we find?

Using smart phones and computers to search for information online

Getting newsletters from providers

Looking at notice boards in libraries and community centres

Visiting advice and guidance centres such as Citizens Advice

Joining local self-advocacy support groups to share information with peers

What learning is involved?

Developing computer skills

Improving social and communication skills

Gaining confidence to ask questions

What more can be done?

Making information easier to access and understand

Listing all available opportunities in one place e.g. online directory

Ensuring social workers are aware of day support opportunities and community assets in their area

“

Lots of people are still saying, “Where do you get this help from?” And you’d think we’d have moved forward now a little bit.

Yvonne, self-advocate

”